

**Tahoe Rim Tour Nordic and Snowshoe Competition**  
**ACKNOWLEDGMENT OF RISKS & HAZARDS**  
**LIABILITY RELEASE & AGREEMENT NOT TO SUE**

**Competitor:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/Town:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

1. I understand that Nordic skiing and other competitive and sports activities are HAZARDOUS ACTIVITIES. I understand that Nordic skiing and snowshoeing and the use of skis, snowshoes, other equipment and lifts involves risk of injury to any and all parts of my body. I understand that there are numerous risks and dangers inherent in the sports of Nordic skiing, snowshoeing and other activities, including but not limited to: surface or sub-surface snow or ice conditions whether natural or machine-made, the unevenness of the surface which contains rocks, bumps, ruts, stumps, the steepness of the terrain, whether natural or man-made, collisions with other trail users, trees, poles or objects. I understand that having a Northstar at Tahoe (NAT) employee present does not lessen the amount or severity of the risks of these activities. I understand that NAT is not responsible for my safety. It is further understood that training or competing is more HAZARDOUS than recreational skiing or snowshoeing. Furthermore, I understand that I must keep deliberate and conscious control of my physical body, both on the ground and in the air, while properly using my equipment in variable weather, snow and terrain conditions
2. I hereby certify that I am physically fit and have no medical conditions or allergies that affect my ability to participate in these activities. **Initials:** \_\_\_\_\_
3. I hereby freely and expressly assume and accept the responsibility for any and all risks of injury or death while participating in these activities or related activities, or while present on NAT premises, and I agree to RELEASE, FOREVER DISCHARGE, INDEMNIFY, DEFEND and HOLD HARMLESS Trimont Land Company, DBA Northstar at Tahoe, Tahoe Cross Country Ski Area, Inc. and Far West Nordic Ski Education Association, their parent, subsidiary, affiliated and successor companies, real and personal property owners, employees, agents, directors and officers, equipment manufacturers and distributors and all the event sponsors (hereinafter "Releasees") from ALL LIABILITY FOR NEGLIGENCE and any and all losses, damages, costs and attorney's fees resulting from any and all claims or suits for personal injury, death and/or property damage of any kind, that may in any way arise out of my participation in these activities, related activities, or my use of the Releasees' trail system, its equipment, or any equipment, or Releasees' premises, regardless of how or by whom or by what the personal injury, death and/or property damage was caused. As a condition of myself, or my child, being entitled to participate in the activities at Northstar and being permitted to gain access to and use the Releasees' facilities and premises, I hereby promise not to bring (on my behalf, on behalf of my child or otherwise) any claim against or sue RELEASEES for any reason and under all circumstances.
4. **I AGREE TO RELEASE, FOREVER DISCHARGE, INDEMNIFY, DEFEND, AND HOLD HARMLESS THE RELEASEES FROM ANY AND ALL CLAIMS, SUITS, COSTS AND ATTORNEYS FEES FOR DAMAGE AND PERSONAL INJURY TO ME OR MY PROPERTY RESULTING FROM THE NEGLIGENT ACTS OR OMISSIONS OF THE RELEASEES. I UNDERSTAND THAT THE RELEASEES ARE NOT RESPONSIBLE FOR THE CONSEQUENCES OR THEIR OWN NEGLIGENCE, THAT IS, THEIR FAILURE TO USE REASONABLE CARE IN ANY WAY.**
5. I understand that this agreement shall be binding upon my heirs, executors, administrators, and assigns and shall be governed by the applicable laws of California. I also understand that if any part of this agreement is determined to be unenforceable, all other parts shall be given full force and effect. I agree that any claims, which I may bring against the Releasees, shall be submitted to the jurisdiction of the Placer County, California Courts and that no claims against the Releasees shall be brought in any other jurisdiction. I agree that there have been no warranties, expressed or implied, which have been made to me, which extend beyond the description of the equipment listed on this form.
6. I agree with the premise that a participant is a competitor at all times, whether practicing for competition or in competition. I agree that the competitor is always provided an opportunity to conduct a reasonable physical and visual inspection of the training, race or competition course, and I agree to physically and visually inspect the course before competing or training. I agree and understand that the competitor will be held to assume the risk of all course conditions including, but not limited to, weather and snow conditions, premises, course construction or layout, other competitors, spectators and obstacles.
7. I consent to the use by Releasees of any images, pictures (video and print), names and likenesses for commercial purposes, or otherwise and without limitation, of me in connection with the activities of Releasees, without restriction as to frequency, duration or medium.
8. I understand that permission to use Releasees' equipment, trail system, facilities and premises is being given to the undersigned participant in exchange for the execution of this Liability Release and Agreement Not to Sue. I have read the above paragraphs and fully understand them. I understand that this is a RELEASE OF LIABILITY which will legally prevent me or any other person from filing suit or making any other claims for damages in the event of personal injury, death or property damage. I freely and voluntarily enter into this agreement. I have made no misrepresentations to Releasees regarding my name, age, or medical condition. I intend this document to be interpreted as broadly as permissible by California law and understand that it is not intended to assert any claims or defenses prohibited by law.

**Signature (Competitor):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Participant Under 18 Years of Age:** As parent/guardian signing this agreement for the above named minor, I acknowledge that I am authorized to sign this agreement for the minor. I acknowledge and agree that I have read the above release, and that by signing this Release on behalf of the minor, the minor and I agree to be bound by its terms. I hereby agree to INDEMNIFY, DEFEND and HOLD HARMLESS the Releasees for any claim or suit arising out of said minor's participation in the activity or said minor's presence on Releasees' premises.

**Signature (Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_